

CSDR

Centre for Sustainable Development and Research

Women Empowerment through Skill Development

Building skills, livelihoods and confidence

Publication / Discussion Paper

Executive Summary

Women’s skill development can create meaningful opportunities for economic participation, entrepreneurship and stronger household livelihoods, particularly in rural and underserved communities.

This publication presents a community-based perspective on women’s empowerment through practical training, livelihood-oriented skills and access to appropriate technologies. It highlights how skill development programmes can help participants build confidence, explore income-generating activities and strengthen their role in local economic development.

Key Areas Covered

• Women’s skill development
• Livelihood and entrepreneurship opportunities
• Community-based training
• Income-generating activities
• Eco-friendly production skills
• Women’s participation in local development

Conclusion

Sustained investment in practical skills, training and livelihood opportunities can help women become more economically active and confident contributors to their families and communities. Community-led programmes, partnerships and continued mentoring can strengthen these outcomes over time.